

GOVERNMENT OF MAHARASHTRA

GOVERNMENT COLLEGE OF EDUCATION

AKOLA

UGC SPONSORED

H.H.SWAMI CHINMAYANANDA STUDIES

CENTRE

TWO DAYS TEACHERS TRAINING PROGRAM

ON

INTEGRATED DEVELOPMENT OF HUMAN

PERSONALITY

(CHINMAYA VISION PROGRAM)

DATE 16/12/2014 TO 17/12/2015

REPORT

# Report

Date: - 19 December 2014

Chinmayananda vision program was conducted by swami chinmayananda study center Akola for teachers on dated 19 December 2014 to 20 December 2014 at govt. B.Ed. College Akola.



The inauguration took a place at the hands of honorable in charge principal Dr. Vasudha Deo . Dr. Deo introduced C.V.P program and introduced about Swami Chinmayananda study center to the teachers.



Dr.Deo madam presents a power point presentation on Intellectual Development Mental development and gave such kind of knowledge and information .She focused on concept of intellect ,function of intellect, of intellectual development by giving various examples. After the first session we have been taken 10 minutes



In second session Dr.Deo introduced to guest Dr. Sunil Bihade sir. Dr.Bihade Sir gave a speech on nutrition. In this speech sir asked some question to the teachers,” Why nutrition is important in our life?”, “Which kind of food we should eat?”, “How our body works?” etc. Sir gave answer of the questions with power point presentation. After the presentation everyone knows the important of nutrition in our life.Dr.Bihade asked teacher to prepare diet chart in group work. Teacher prepared diet charts. Dr. Sir turned the session to Dr. Deo madam. Madam gave very thankful to Dr. Bihade sir. We over the first day of teachers training.



20/12/2014

On second day Dr. Deo welcome to teachers and started the first session of teachers training on mental development. In this session madam gave information about human mind “How it human mind works?”, “What human mind need?”etc.



After first session madam turned to Mr. Anand Thatte Sir for second session. He is a “yoga logiest.” He took a good session on “**Yoga**”. He asked to teachers what is mean by yoga and told to teachers please write down in your own note book. After that Mr. Anand sir gave a proper meaning of “**Yoga**.” This answer was very knowledgeable and important for human life. Sir present a good power point presentation of “**Yoga**” and he also gone through a practical and thought us. Madam overcome the second session and said thankful to Mr. Anand Thatte Sir for wonderful session. Madam announced tea break for 20 minutes.



After the break madam taken a last session on Spiritual Development. In this session teachers learned about mind and memory. At last madam refresh teachers mind by “Dhyan”and prayer of Swami Chinmayananda’s. Last distribute certificates to teachers of C.V.P training. Like that over the second and finished two days training.



In valedictory session there were two feedback from teachers .They expressed their gratitude towards institution to organize such useful training for teachers .They also expressed their willingness to participate in another Training of this centre.We distributes Certificate to all participant.We finished our session by chanting centre song .

After this session we took a group photo and distribute the certificates. Thus ended the second day and finished two days training.

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